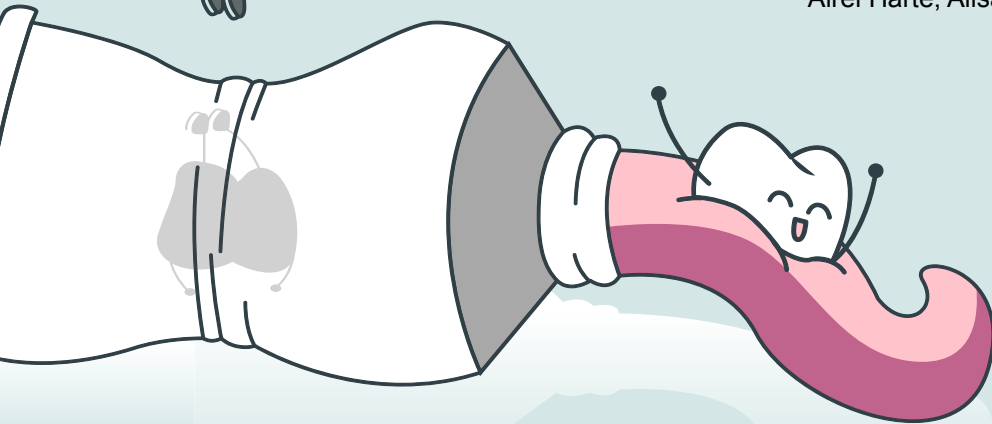


# Brush your Teeth

Airel Harte, Alisa Glabach, Kathleen Silang, Lauren Arredondo, Leslie La & Zoe Bartlett



# Lesson Objectives



**01** Learn why brushing is important

**02** Learn how to brush your teeth

**03** Participate in the activities

Our presenters have two different brushing activities that you will get to try !

# **Target Audience:** **Children 3-6 years old**

Due to the age of the target audience (preschoolers to first grade), this group enjoys participating in interactive, fun learning activities.



# Tooth Brushing Song

By: Blippi



# WHY DO WE BRUSH OUR TEETH?

To avoid germs, we wash our hands.

Germes also live in our mouths and this is why we must brush our teeth 2 times a day!!

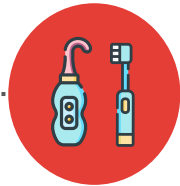
If we don't brush, germes in our mouth can grow bigger and bigger and hurt our teeth



# Time to Practice!!

We will pass out teeth for  
you to brush at your desk

**Show us how  
you brush!**

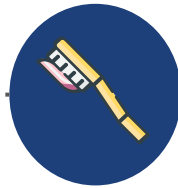


**Your Turn**

Let see how you do!

We will switch to a  
tooth model

**Brush the  
plaque away!**



**Let's try it one  
more time!**

Let see how well you  
can clean the plaque!

# ACTIVITY

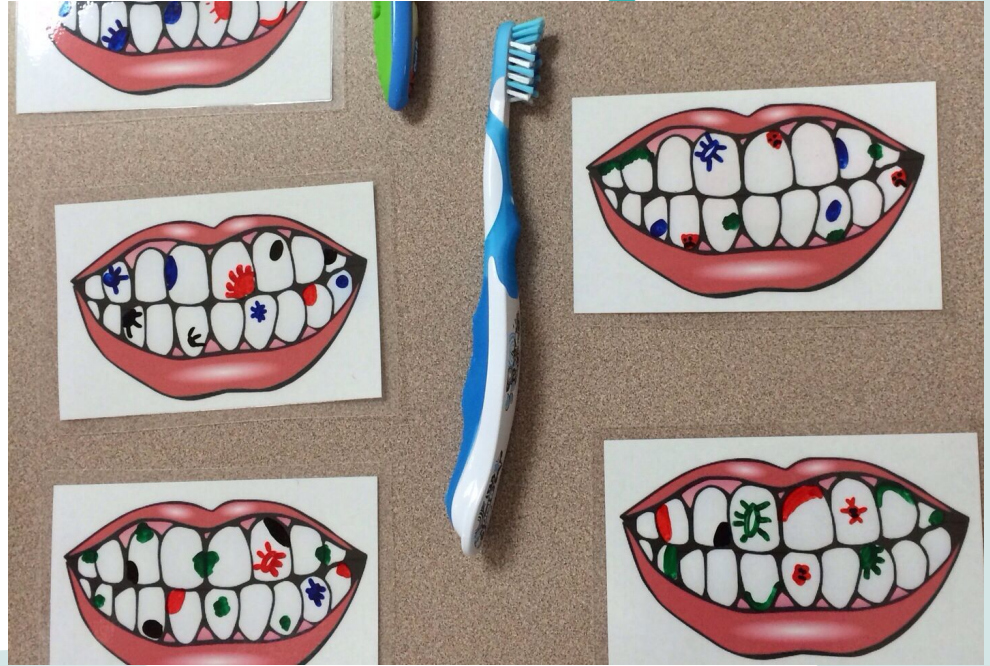
01

## WHAT WE WILL NEED:

- Dry erase markers
- Teeth cut outs
- Toothbrushes

## LET'S GET STARTED!

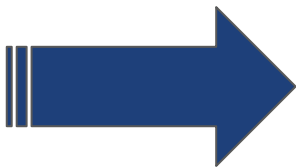
Take your tooth brush and scrub away the “plaque” off your teeth!



# ACTIVITY 02

## WHAT WE WILL NEED:

- Tooth models
- Dry erase markers
- Toothbrushes



## LET'S GET STARTED!

Time to try on a REAL tooth model.  
Grab your toothbrush and scrub  
that “plaque” away!



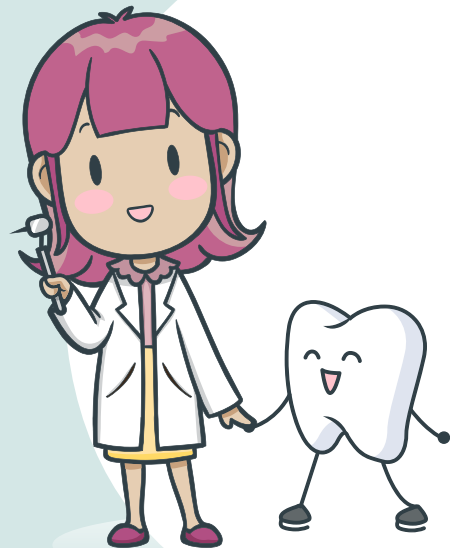
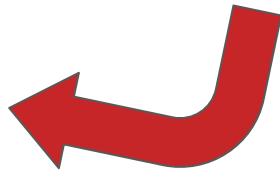


# I BRUSHED MY TEETH!

	Morning	Night
MONDAY ----->	<input type="checkbox"/>	<input type="checkbox"/>
TUESDAY ~~~~~	<input type="checkbox"/>	<input type="checkbox"/>
WEDNESDAY ----->	<input type="checkbox"/>	<input type="checkbox"/>
THURSDAY ----->	<input type="checkbox"/>	<input type="checkbox"/>
FRIDAY ~~~~~	<input type="checkbox"/>	<input type="checkbox"/>
SATURDAY ----->	<input type="checkbox"/>	<input type="checkbox"/>
SUNDAY ----->	<input type="checkbox"/>	<input type="checkbox"/>

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**You will get to  
take this chart  
home to practice  
brushing everyday!**



**NOW IT'S**  
**YOUR TURN!!!**

