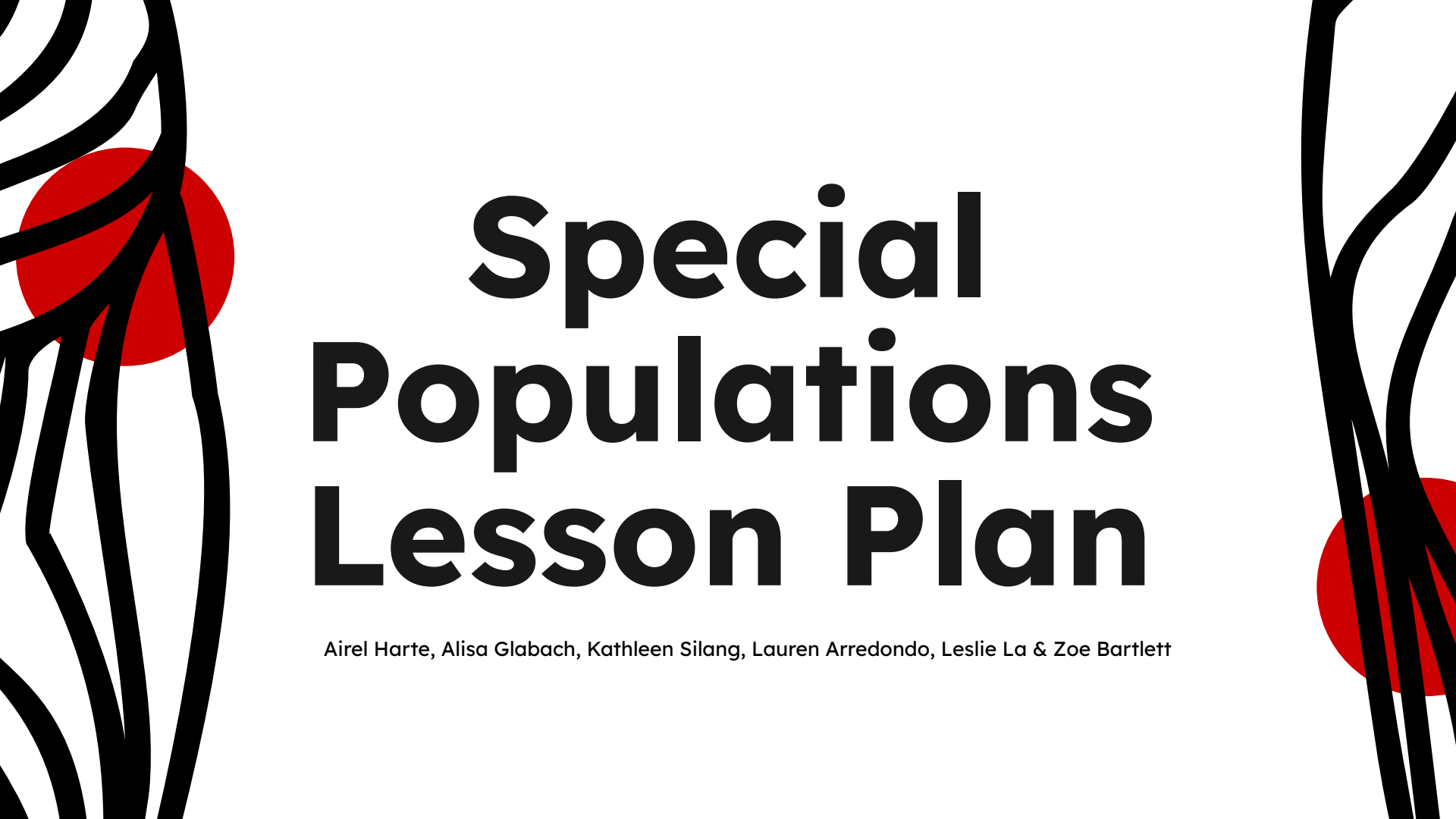
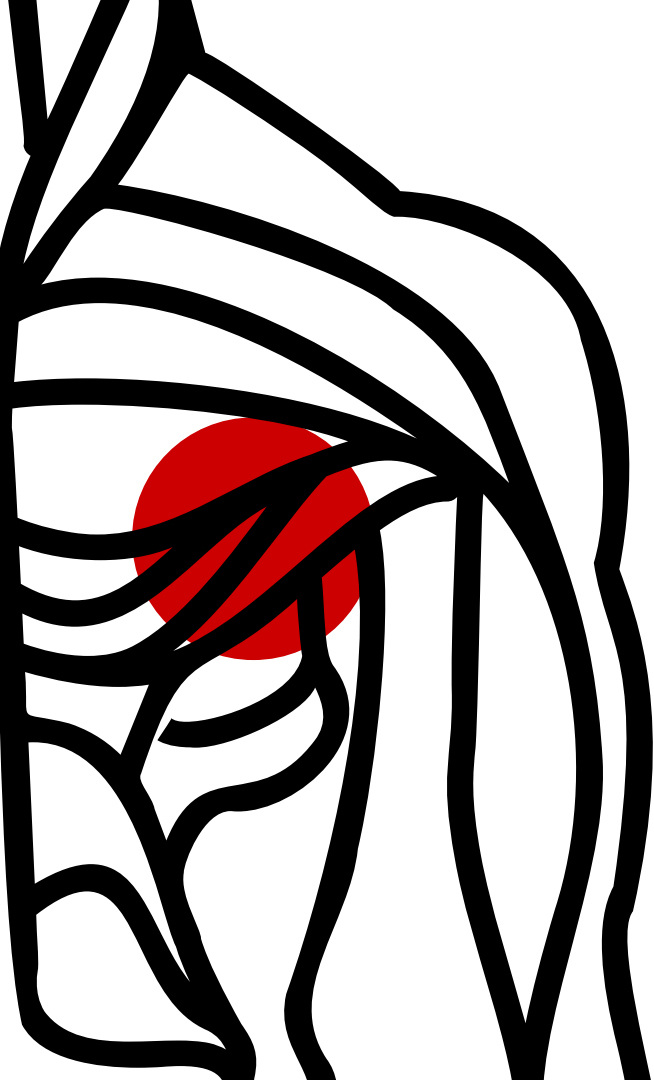




Special Populations Lesson Plan

Airel Harte, Alisa Glabach, Kathleen Silang, Lauren Arredondo, Leslie La & Zoe Bartlett



Target Population

**People with muscular
dystrophy and their caregivers**

LEARNING OBJECTIVES

1

Identify and demonstrate various dental aids

2

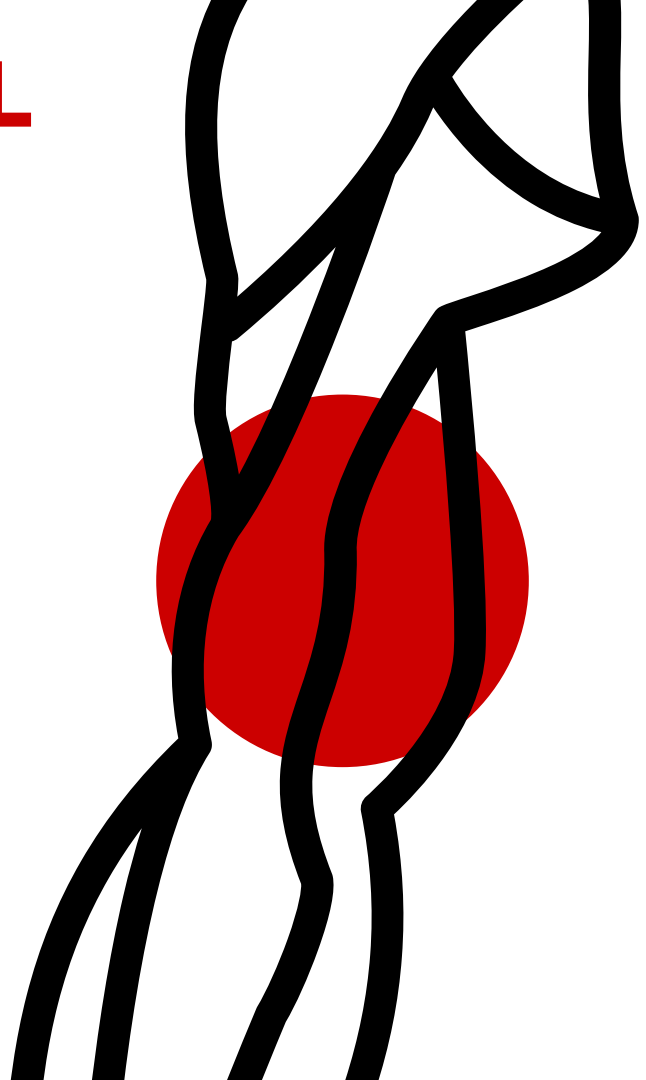
Understand the importance of routine oral homecare

3

Caregivers will be able to assess & assist with needed accommodations

RISKS OF **POOR ORAL** HEALTH...

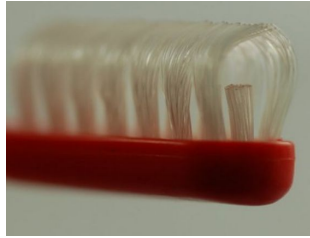
- Can cause bleeding, swollen, painful gums
- Can cause bad breath
- Can facilitate the progression of cavities
- Can lead to tooth loss
- Can directly influence other diseases in the body



CAREGIVER ASSISTANCE



DENTAL AIDS



Collis Toothbrush

Used for coverage on
the lingual and facial
surface of the teeth



Biotene

Mouth rinse for dry
mouth



U-Shaped Toothbrush

Can be used for those
with reduced manual
dexterity

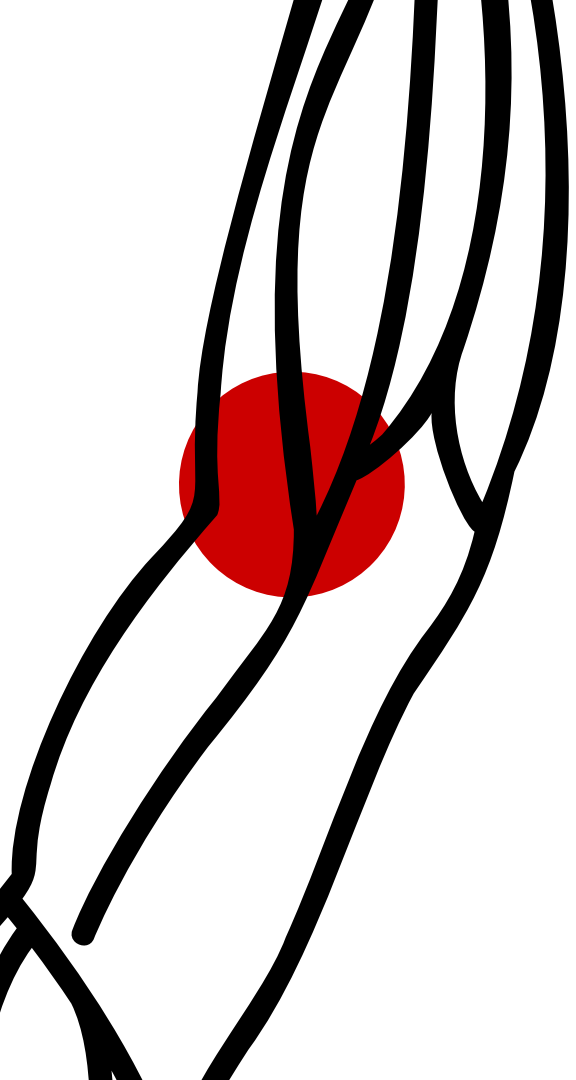


Monoject Syringe

Helpful for rinsing in
hard to reach areas

INDEPENDENT ACCOMODATIONS





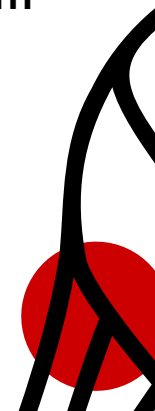
AUDIENCE **INTERACTIVE ACTIVITY**

YOUR TURN !!

Presenters will come by with 3 different dental aids where they will demonstrate the tools on a tooth model.

You or your caregiver will get the opportunity to try them out and see which dental aid is the best fit for you !!

If you like them, please ask your presenter and we will provide resources of how to get one of your own.



ADDITIONAL RESOURCES



Toothbrush Options

Collis Curve Toothbrushes - Special Curved Bristles help with excellent tooth cleaning (kleenteeth.com)

AutoBrush® Best Electric Toothbrush - 30 Seconds For A Full Cleaning (tryautobrush.com)

Electric Toothbrush Heads | Oral-B (oralb.com)



Mouth Rinse Options

Oral Rinse and Mouthwash for Dry Mouth | Biotène (biotene.com)



DIY Accommodations for Toothbrush

Adaptations for the Toothbrush – Exceptional Smiles